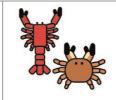
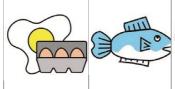


DISHES Soups						Lupin	Milk		MUSTARD			SSSAM		Beer WINE
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Lentil Soup														
Potato and Leek Soup														
Chicken Noodle Soup		Spaghetti and noodles contain wheat. Can use GF		If using Noodles		If using GF pasta							If using GF pasta	
Tomato Soup							If Cream is added						If Cream is	





























Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Roast Beef with Yorkshires, new pots and seasonal veg.		Wheat in Yorkshires		In Yorkshires			In Yorkshires							
Chicken with Yorkshires, new pots and seasonal veg.		Wheat in Yorkshires		In Yorkshires			In Yorkshires							
Spaghetti Bolognese with Garlic Bread		Wheat - Can provide GF pasta - Wheat in Pasta					If serving with cheese or garlic bread						Contains If using Gf Pasta or Garlic bread	
Veg Curry with savoury Rice (V)		Wheat in Naan					In Naan Bread							
Crispy Chicken Strips with wedges and Salad		In Chicken Strips												
Fish, Chips and Peas		Wheat												
American Style sausage in a bun with diced potato, salad and peas.		Wheat In Sausage and bun										In Bun	n Sausage	
Meatballs (Chicken) with Spaghetti In a Tomato sauce.		Wheat in Meatballs				If using GF pasta	If serving with cheese or garlic bread						f using Gf Pasta & Garlic pread	
Chicken Tandoori with rice & Naan Bread		Wheat In Naan Bread					In Naan Bread							

DISHES Main Courses					D'S	Lupin	Milk		MUSTARD			SISAM ON		Beer WINE
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Veg/Quorn Curry with Savoury Rice				If using quorn fillet										f using quorn fillet



Curry Sauce With Crispy Chicken And Rice	In crispy chicken				
Chinese Chicken curry & Rice					
Fish fingers, with chips and beans	Fish fingers can be GF				
Steak Pie, boiled potatoes and Seasonal Vegetable	Wheat in Pastry	If brushing pastry with egg	If brushing pastry with milk		
Salmon Fingers with potatoes and mixed veg (GF)					
Sausage and potato hotpot With Peas and Carrots	Wheat				
Chicken & Vegetable Pie with baby boiled potato and Seasonable Vegetables	Wheat	If brushing with egg	If brushing with milk		
Vegan Quorn Cumberland Sausage, Potato & tomato hotpot	Wheat And Barley in Quorn Wheat Bun				

DISHES Vegetarian and Vegan					D°	upin Flour	Milk		MUSTARD			SSAM		Beer WINE
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Quorn Fillet with Yorkshires, new potatoes and seasonal veg	in Gravy	If using Yorkshires		In Quorn Fillet and Yorkshires			If using Yorkshires							
Macaroni Cheese with Salad and Garlic Bread		Wheat in Garlic Bread. Can provide GF pasta/contained				Contains if using GF Pasta	In Cheese and if using Garlic Bread						If using Gf Pasta & Garlic bread	



Pizza with Wedges and				In Cheese					
Salad									
Tomato and Cheese Penne with Salad and Garlic Bread	Wheat and Barley in all Can provide GF pasta/contained in Garlic Bread		Contains if using GF Pasta	If using cheese in garlic read				If using Gf Pasta & Garlic bread	
Vegan burger with wedges and salad	Barley & Wheat & wheat in bun			If using Cheese	In Vegan Burger		In Bun		
Baked potato with cheese. Coleslaw and salad		In the coleslaw		In Cheese					
Baked Potato with cheese and beans				In cheese					
Quorn Fillet in a bun with diced potatoes and salad	Wheat and barley in bun and Quorn Burger	In Quorn Fillet		In Cheese			In Bun		
Neapolitan Sauce with Pasta	Can provide GF pasta		using GF Pasta	If serving with cheese or garlic bread				If using Gf Pasta & Garlic bread	
Vegetable Goujons with wedges and salad	Wheat in Veg Goujons			If using dip					
Quorn Mince Spaghetti Bolognese With Garlic Bread	Wheat - Can provide GF pasta Barley and Wheat			In Garlic Bread				If Using GF spaghetti	
Quorn Vergan Cumberland Sausage on Hotdog bun with dice potato and salad	In bun and sausage								

DISHES Side dishes					A Po	Lupin Flour	Milk		MUSTARD			SESAMI ON ON		Beer WINE
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Piri Piri Chicken • No Allergies														
BBQ Chicken		Wheat												
Sweet Chilli Chicken														



a Na Allargias								
No Allergies								
Deli Bar items. Please								
ask staff for allergen								
content.								
Desserts								
2 0301 13								
Apple Crumble with	Wheat in crumble			Crumble &				
custard	& Custard			Custard				
Eves Pudding				In custard				
				iii castara				
Apple Strudel with		if brushing		if brushing				
Custard		ii bi usimig		and in custard				
				and in castare				

Sandwich & Baguettes					Lupin	Milk		MUSTARD			SESAME ON.		WINE Beer
Allergens	Cereals containin g gluten**	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc s	Mustar d	Nuts*	Peanut s	Sesam e seeds	Soya	Sulphu r dioxide
Tuna Salad Baguette/Sandwich/Panin i	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread		In Mayonnaise			In Mayonnaise		In Mayonnaise			In Baguette	In 50/50 Bread	
Chicken Tikka Baguette/Sandwich/ Panini	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread		In Mayonnaise			In Mayonnaise, Tikka sauce		In Mayonnaise			In Baguette	In 50/50 Bread	



BBQ Pulled Pork Baguette/Sandwich/Panin i	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread							In Baguette	In 50/50 Bread	
Cheese Savoury Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread	i C	n Mayonnaise Can serve without		In Mayonnaise In Cheese	In Mayonnaise Can serve without		In Baguette	In 50/50 Bread	
Egg Mayonnaise Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread				in Mayonnaise	In Mayonnaise		In Baguette	In 50/50 Bread	
Chicken Fajita Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread	C	n Mayonnaise Can serve without		In Mayonnaise	In Mayonnaise Can serve without		in Baguette	In 50/50 Bread	
Plain Roast Beef Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread							In Baguette	In 50/50 Bread	
Plain Roast Chicken Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread							In Baguette	In 50/50 Bread	
Plain Cheese Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread				in Cheese			In Baguette	In 50/50 Bread	
Plain Roast Turkey Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread							In Baguette	In 50/50 Bread	
Spicy Mixed Meat Baguette/Sandwich/Panin	Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread							In Baguette	In 50/50 Bread	
ive Bean Salad Baguette/Sandwich/Panin	Wheat in Baguette, Barley, Oats, Rye. Wheat in Bread					In Bean Salad		in Baguette	In 50/50 Bread	



Salads and pasta						upin Flour	Milk		MUSTARD			SISAME O.		Beer WINE
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chicken pasta box		Can provide GF pasta		In Mayonnaise Can serve without		If using GF pasta	In Mayonnaise Can serve without		In Mayonnaise Can serve without				If using GF pasta	
Roast Beef Salad Box		Wheat flour, wheat Gluten in Chapati		In Mayonnaise Can serve without			In Mayonnaise Can serve without In Flatbread		In Mayonnaise Can serve without					
Italian pasta box with mozzarella		Can provide GF pasta				If using GF pasta	In Cheese can be served without						If using GF pasta	
Spicy Mixed Meat Salad Box		Wheat Flour, wheat gluten in Chapati												
Tuna pasta box		Can provide GF pasta		In Mayonnaise Can serve without		If using GF pasta	In Mayonnaise Can serve without		In Mayonnaise Can serve without				If using GF pasta	
Chicken Caesar Salad Pasta box		Can provide GF pasta		In Caesar Dressing		If using GF pasta	In Caesar Dressing						If using GF pasta	
Sweet Chilli Chicken Salad Box		Wheat flour, Wheat gluten in Chapati												
Pulled Chicken Italian Pasta box		Can provide GF pasta				If using GF pasta	In Cheese can be served without						If using GF pasta	
Savoury Cheese salad Box		Wheat flour, wheat gluten in Chapati		In Mayonnaise Can serve without			In Mayonnaise and cheese. Can serve wthout on Chapati		In Mayonnaise Can serve without					
Five Bean Salad									In Bean Salad					
Vegetable Cous Cous Salad (v)		Wheat, barley, oats and rye and spelt in Cous cous – Wheat in Chapati												



Other food items					D°	Lupin	Milk		MUSTARD			SESAME O.L		Beer
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Bread Items														
7.5" Baguette (30151)		Wheat, barley,												
Soft Corn Tortilla 12" (129230)		Wheat												
Chapati (120202)		Wheat												
Kingsmill 50/50		Wheat												
Wholemeal Pitta (33042)		Wheat												
Garlic bread		Wheat												
Naan		Wheat												
Burger buns (57033)		Wheat												
Snack Food Items														
Wholesum Crisps/Burts (Contain pea protein)														
BBQ (No Allergies)														
Chilli (No Allergies)														
Plain Muffins		Wheat											May Contain	
Carrot Cake		Wheat												
Chocolate Sponge		Wheat												
Chocolate Muffin		Wheat											May Contain	
Cream and Chive														



		1			I	1	I					I	I	
Lightly salted Salt (No Allergies)														
Salt & Vinegar (One Allergen)		Barley/Gluten												
Other food items					D°	upin Flour	Milk		MUSTARD			SESAM		Beer
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Pop oats crisps; (Contains oats)														
Barbecue BBQ (No allergies)														
Sour Cream														
Salt & Vinegar (No allergies)														
Propercorn Sweetcorn (No allergies)														
Cookies		Wheat												
Raisins (no allergens)														
Dairy Products														
Mueller Yoghurts														
Yazoo Milk							<u>- </u>							
Viva Milk														



DISHES Condiments					Lupin Flour	Milk		MUSTARD			SSAM ON THE PROPERTY OF THE PR		Beer WINE
Allergens	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tomato Ketchup													
Brown Sauce	Rye												
Mayonnaise													
Tartar Sauce													